

2011



2011

To:

Supervisors, Technical Directors, Coaches, Athletes, Parents and Friends

You are cordially invited to participate in the

2011 DanDo CUP

This tournament is open to all taekwondoists.

Date:

Saturday November 26th 2011

Inscription:

Before Monday November 21st 2011

Admission:

Adults	\$8.00
Children under 12 years old	\$4.00
Children under 5 years old	Free

Location:

Centre Claude-Robillard
1000 Ave. Emile-Journeault
Montreal QC H2M 2F7

Information:

Danny Rajjab, David Rajjab, Sean Rajjab
514-381-4290 / 1-888-644-4290

Sanctioned by
La Fédération Québécoise de Taekwondo
(the Quebec Taekwondo Federation)



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Sparring:

Juniors Yellow to Black \$40.00

U15 and under

Seniors: Yellow to Black \$40.00

U17 and over

PARTICIPANTS NOT AFFILIATED WITH THE QUEBEC TAEKWONDO FEDERATION MUST PAY AN ADDITIONAL \$15.00 SURCHARGE.

Please be notified that only Pre-Inscription will be accepted.

We will be able to welcome a total of 1000 participants only.

No same day inscriptions.

Inscriptions must arrive

at DanDo Sports before Monday November 21st 2011

PLEASE NOTE THAT QUEBEC TAEKWONDO FEDERATION MEMBERS **MUST** REGISTER ON LINE, THROUGH THE FEDERATION WEBSITE, AT:

<http://www.taekwondo-quebec.ca/>

PAYMENT:

SCHOOL CHEQUES, MONEY ORDERS OR CASH.

Payable to: DanDo Sports Inc.

No personal cheques will be accepted.

ALL schools must collect the total amount and make one cheque or money order.

Registration address:

DANDO SPORTS
9320 Blvd. St-Laurent
Suite 506
Montreal QC H2N 1N7

NO REFUNDS



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TOURNAMENT SCHEDULE AND RULES

AGE		BELT	WEIGH IN		FIGHTS
U7	2006-2005	All colors	8h00	8h30	9h00
U9	2004-2003	All colors	8h00	8h30	9h00
U11	2002-2001	All colors	8h30	9h00	10h00
U13	2000 -1999	All colors	10h00	10h30	11h00
U15	1998-1997	All colors	11h00	11h30	12h00
U17	1996-1995	All colors	12h00	13h00	13h30
SR & 35+	94 – 76 / 75 &-	All colors			
POOM & DAN		BLACK			

Please note the schedule might be modified depending on the progress of the tournament

Belt Division

DIVISION 4	DIVISION 3	DIVISION 2	DIVISION 1
Yellow	Green	Blue	Red
Yellow green bar	Green blue bar	Blue red bar	Red black bar

Duration Of Sparring

U7 & U9	2 X 60 sec. And 30 sec. Rest
U11, U13, Poom C & D, Senior 35+	2 X 90 sec. And 45 sec. Rest
U15, U17, Poom A & B, Senior	2 X 120 sec. And 60 sec. Rest

Contact To The Head

- Permitted starting at U15 for division 1 (red belt) (WTF rules)
- Permitted starting at Poom A for black belts
- Not allowed for 35 years old and more, as well as Poom C

Mandatory Equipment

- White Head Gear, or matching color of body pad
- Body Pad (Blue or Red)
- Arm Guards
- Shin-Instep Protection worn under the dobuk (covering up to tip of toes) for all color belts, Poom C & D (TKD socks not allowed)
- Shin Guards and half or full foot instep for Poom B
- Shin Guard mandatory for Poom A and Senior Black Belts (Dan) Foot protection optional (TKD socks accepted)
- Groin Protection (for male and female)
- Mouth Guard Mandatory from U13 colored belts and for all Poom and Black belts (No colored mouth guards are allowed, only full transparent or white)
- Protection gloves **White** for all POOM and DAN
- Sporting hijab is tolerated under the Head Gear and the Dobuk



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REGISTRATION FORM



Last Name:	First Name:
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Date of Birth:	DD	MM	YYYY	Gender:	M	F	FQT #
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City / Town:	Province:	Country:
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Club Name:
Master or Instructor's name:
Club's address:
Club's telephone:

PLEASE CIRCLE

Keup Level:	8	7	6	5	4	3	2	1
Division:	4		3		2		1	
Belt:	YELLOW		GREEN		BLUE		RED	

Age group (COLOR):

U7 2006-2005	U9 2004-2003	U11 2002-2001	U13 2000 -1999	U15 1998-1997	U17 1996-1995	SENIOR 1994-1976	35+ 1975 & -
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Age group (BLACK):

POOM A 1995, 1996, 1997	POOM B 1998, 1999	POOM C 2000, 2001	SENIOR
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I, the undersigned, submit my registration for the present Taekwondo Championship. I voluntarily assume all the risks pertaining with my participation during this tournament. Furthermore, I extricate anybody associated with the organization from all responsibilities. What is more, I accept all decisions from the coach concerning the consolidations of divisions.

Athlete's signature:

Date: DD / MM / YYYY

Parent/Guardian's signature if under 18:

Date: DD / MM / YYYY

Master or Instructor's signature:

Date: DD / MM / YYYY



2011

DAN DO

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DOJANG REGISTRATION

School's name:

Address:

Telephone #:

Master / instructor:

NUMBER OF INSCRIPTIONS

U15 and younger	Juniors	X 40.00\$ =
U17 and older	Seniors	X 40.00\$ =
		TOTAL

REMINDER

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INSCRIPTION SHEET FOR COACHES

Dojang Number, Name & Address: _____

Technical director's name: _____

Phone number (Daytime): _____

Number of competitors: _____

* Number of trainers: _____

Number of volunteers: _____

Ratio: 1 coaches per 5 competitors.

Ratio: 1 volunteer per 6 competitors, Maximum of 2

- If the Dojang needs more coaches than is allowed, there will be an additional charge of 10\$ per coach.
- The coach must also be a registered member of the FQT or their local federation.

Coach's Name	FTQ member #
Volunteers:	

******* One referee per school is mandatory *******

Referee's Name: _____



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COMPLEXE SPORTIF CLAUDE-ROBILLARD

1000 Avenue Emile-Journault

Highway 40

Exit #73

Rue St-Hubert Nord

